

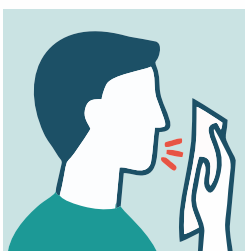
NOVEL CORONAVIRUS (COVID-19)

Protect yourself and others! Follow these Do's and Don'ts

Do's



Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean



Cover your nose and mouth with handkerchief/tissue while sneezing and coughing



Throw used tissues into closed bins immediately after use



See a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor wear a mask/cloth to cover your mouth and nose



Avoid participating in large gatherings

Don'ts



Have a close contact with anyone, if you are experiencing cough and fever



Touch your eyes, nose and mouth



Spit in public

Reference-<https://www.mohfw.gov.in/pdf/Poster Corona ad Eng.pdf>

Together we can fight Coronavirus